



**Join us for San Diego's 5th annual
Climb Out of the Darkness!**

June 15, 2019
Kate Sessions Park
5115 Soledad Road
9 a.m. – 12 p.m.
Free!

Climb Out of the Darkness is the world's largest event bringing people together to honor the struggle in overcoming perinatal mood and anxiety disorders in a family-oriented, fun, and supportive environment.

Facebook: www.facebook.com/climboutsandiego/

Email for more information: Julie@TatroLopez.com